



# Wilderness Experiences

Your paragraph text



## The Salmon

In Partnership with Willow Lohr



## Scottish Salmon

The Atlantic salmon has always been highly valued in Scotland. Its rich flesh is a sublime delicacy. Our ancestors relied on this bountiful resource for sustenance in a harsh landscape, and modern cuisine relishes its flavour and texture.

As a migratory fish, the salmon enters our rivers to spawn, completing an epic journey from sea to mountain landscape. Here, tired from their arduous journey, most perish, but their bodies continue to feed nature with nutrients, helping to create Scotland's rich ecosystems.

But what about their skins?

### The Experience

Salmon skins can be transformed into beautiful and very strong leather. Our ancestors utilised this precious resource for many different uses but this forgotten art is all but lost.

Willow Lohr is a salmon specialist. Join her as you learn all about salmon in myth and legend, culture and tradition. After becoming aquatinted with the salmon, Willow will then expertly guide you in the process of making traditional salmon skin leather. Learn how to make a piece of your own leather and even use it to make your own hand drum.



### The Feast

Ethically sourced Scottish Salmon will also feature heavily during your 2-course lunch. Bushcraft experts from the Wilderness Folk School will demonstrate how to traditionally Ponnas a whole salmon (broil using sticks over the fire) as well as how to hot and cold smoke cured salmon.





## About Willow

Willow has become one of the UK's most accomplished instructors and craftswoman in many traditional skills. Living on a small holding with rare breed sheep, hens and bees, Willow has always been intrigued to learn the skills which enable us to connect deeply to nature; spinning, tanning, leatherwork, felting, bone and wood carving, indigenous arts and plant crafts.

Willow's depth of skills and knowledge are a rarity in this fast-paced modern world and time spent in her company is always inspiring.



## Wilderness Folk School

The Wilderness Folk School team is made up of a hand-picked collection of bushcraft experts, wilderness guides and outdoor educators who come together to create truly unique experiences.

## Itinerary

- Welcome to secluded ancient woodland camp, teas and coffee by the campfire with introduction from Willow & Wilderness Folk School
- Learn about Scottish Salmon is history & culture
- How to tan salmon skin to make it soft and workable
- Make your own salmon skin hand drum.
- 2-course salmon feast cooked over a campfire.

## Details

### Where

Ancient woodland, nr Aberfeldy, Perthshire

### How Long

1-day event or multi-day options available

### Group Size

Up to 16

### Suitable for

All ages and abilities.

### Included

2-course lunch, snacks, warm drinks, all equipment.

### Info & Booking

wildernessexperiences@folkschool.uk

*\*\*We can tailor this event to suit your requirements and seamlessly scale this up to a multi-day event to include overnight stays in the woods or luxury accommodation\*\**